

Children's Menu

Maes y Nant



Fruit & Snacks

Break time snacks are provided and fruit is always available.

Dietary & Allergens

There is always a vegetarian option and we regularly cater for special diets such as coeliac disease (gluten free), lactose free, dairy free and halal.

A carb count breakdown is available on our schools dashboard.

Please let us know in advance of any dietary needs.



Lunch

- Cheese & Tomato Pizza
- Salad
- Crisps/Biscuit
- Orange Slices
- Carrot & Cucumber Sticks

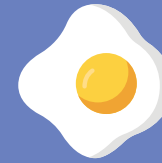
Dinner

- Baked Potato (with choice of fillings)
- Pasta Bolognese
- Tomato Pasta
- Garlic Bread
- Salad
- Ice Cream

Hot Chocolate and a biscuit in the evening



Breakfast

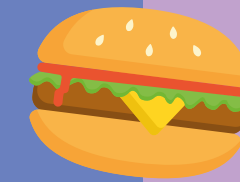


- Sausage
- Mini Potato Waffles
- Beans
- Toast
- Choice of Cereals
- Fruit



Lunch

- Jumbo Hot Dog
- Chicken Burger
- Sandwich (cheese, ham, tuna or jam)
- Muffin
- Orange Slices
- Carrot & Cucumber Sticks



Dinner

- Fish Fingers & Chips
- Curry & Rice
- Naan
- Peas & Sweetcorn
- Cookie



Hot Chocolate and a biscuit in the evening

Breakfast



- Sausage
- Mini Potato Waffles
- Beans
- Toast
- Choice of Cereals
- Fruit



Lunch

- Sausage Roll
- Cheese & Onion Pasty
- Salad
- Crisps/Biscuit
- Carrot & Cucumber Sticks
- Orange Slices



Water and juice are provided at meal times and water points can be found across the centre to refill water bottles.

