

Relationships, Sex and Health Education

Pupil Consultation

What do you want to learn about in RSHE?	<p>Friendships, discussion of any problems. Ways to get out of any sticky situations. Ways to help and advise other children.</p> <p>What happens to our bodies as we grow, how the Human body works, to be prepared for High School.</p> <p>How to look after Ourselves, mind and body. About different types of Relationships. How to keep safe in school and online and in adult life.</p>
Why do you think RSHE is an important curriculum subject in school?	<p>Knowledge of RSHE helps them progress and stops them getting into a bad situation. It gives them Life Skills to prepare for the future. Gives them information about who to speak to if a more serious situation arose. Helps children learn as they grow up and prepares them for moving up to High School, equipping them with knowledge rather than becoming embarrassed.</p>
How do you feel talking about relationships and what do you want to know?	<p>Children felt confident and happy to share ideas. Enjoyed sharing thoughts on different relationships in a non-judgemental manner. Were understanding of people's life choices and accepting of differences. Children knew who they could talk to safely in school and that they would be listened to. This made them feel safe. They felt that talking about different relationships helped them to understand them, helped them deal with any problems e.g., friendship issues and helped them accept different relationships within the community.</p>
How does the school help you understand the importance of Online Safety?	<p>Lessons in Computer time helped children learn about Keeping Safe Online, and Purple Mash was mentioned – this gives regular pop-up reminders. Some children felt the school taught them online safety during RSHE, Keeping Safe module. Online Safety Assemblies were referred to and children referred to their Digital Footprint, and the fact that talking to people online can be dangerous as their identity may be masked.</p>
How can the school help you further to be safe online?	<p>More information to be given to parents regarding online safety. After school meetings with parents to help deal with potential problems online, may help. More Posters to help children recognise dangers online (maybe in classrooms as well as Computer Suite). Parents should be kept informed via website</p>

	and given ideas on how to help and support children to work safely online.
Do your parents talk to you at home about RSHE?	Parents talk to some children very openly about growing up and how their bodies change. Some parents give lots of information freely, so children feel they are confident to ask more questions if necessary. Other parents are willing to answer questions if prompted by their child and will discuss any concerns children may have regarding RSHE. Many children talked about having access to books about the Human Body and changes and would use these as a means to start conversations.
Any other questions or suggestions from the children.	Some children suggested having Posters around classrooms/school to support learning about Relationships and The Human Body/facts about our bodies. Others suggested small group discussions would be easier for children to voice any concern and lessen embarrassment when talking about their bodies. Children thought more work should be done in RSHE to prepare them for moving up to High School. Children thought that information about 'Living in the Wider World' was a good idea.

Completed by : Mrs J Watts

In consultation with children from Years 3-6 at Our Lady and St. Gerard's Primary School.

Note: The children felt that more online safety information needed to be provided to parents so that they can keep their children safe. The children will not be aware of the regular information that is provided via Classdojo and the website.