Links between PSHE and the wider curriculum

Reception

Curriculum	Autumn	Spring	Summer
PSHE PSHE Association	**Me and My Relationships** Unit: Me and my special people	**Valuing Difference** Unit: I'm Special, you're special **Keeping Myself Safe** Unit: Safe indoors and Outdoors	**Rights and Responsibilities** Unit: Looking after my special people **Growing and Changing** Unit: Seasons
RE Come and See	Domestic Church Family **Myself** God knows and loves each one of us Baptism/ Confirmation Belonging **Welcome** Baptism; a welcome to God's family Advent/ Christmas Loving **Birthday** Looking forward to Jesus' birthday	Local Church Community **Celebrating** People celebrate in Church Eucharist Relating **Gathering** The parish family gathers to celebrate the Eucharist Lent/Easter Giving **Growing** Looking forward to Easter	Pentecost Serving **Good News** Passing on the Good news of Jesus Reconciliation Inter-relating **Friends** Friends of Jesus Universal Church World **Our world** God's wonderful world
CST	**Rights and Responsibilities** **Options for the poor and vulnerable** **Family and Community**	**The dignity of work** **Stewardship**	**Solidarity and the common good** **Dignity of the human person**
RSE Journey in Love	**The wonder of being special and unique** **Aim:** To explore the wonder of being special and unique. Children begin to know and understand that they are part of the wonder of God's love and creation. **Key words:** God, wonder, love, hands, fingers, nails, faces, noses, lips, ears, hair, features, colour, shape, size, unique, belonging, different, special, womb, describe, friends, generous, worried, Baptism		
	Social and Emotional To recognise the joy of being a special person in my family.	**Physical** To recognise that we are all different and unique.	**Spiritual** To celebrate the joy of being a special person in God's family.
Science	Humans Seasonal Changes	Animals Living things and their habitats	Earth and Space Seasonal Changes
Local/National Events	Anti-Bullying Week	Safer Internet Day Children's Mental Health Week	Refugee Week
Charity and Community Links	Harvest – Donate tins to the local food bank. Reflect on what it means to share with others and help others. Alternative Advent – gifts to Fox Street Shelter	Lenten Charity - St Joseph's Penny appeal Ash Wednesday Service Stations of the Cross	Easter mass Pentecost mass

Year 1

Curriculum	Autumn	Spring	Summer
PSHE **PSHE Association**	**Relationships** Families and Friendships Safe Relationships Respecting ourselves and others	**Living in the Wider World** Belonging to a community Media literacy and digital resilience Money and Work	**Health and Wellbeing** Physical health and mental wellbeing Growing and changing Keeping Safe
RE **Come and See**	Domestic church Family **Families** God's love and care for every family Baptism/ confirmation Belonging **Belonging** Baptism an invitation to belong to God's family Advent/Christmas Loving **Waiting** Advent a time to look forward to Christmas	Local church Community **Special people** People in the parish family Eucharist Relating **Meals** Mass; Jesus' special Meal Lent/Easter Giving **Change** Lent a time for change	Pentecost Serving **Holidays & Holy Days** Pentecost: feast of the Holy Spirit Reconciliation Inter-relating **Being sorry** God helps us to choose well/Sacrament of Reconciliation Universal Church World **Neighbours** Neighbours share God's world
CST	**Rights and Responsibilities** **Options for the poor and vulnerable** **Family and Community**	**The dignity of work** **Stewardship**	**Solidarity and the common good** **Dignity of the human person**
RSE **Journey in Love**	**We meet God's love in our family** **Aim:** To focus on families and specially growing up in a loving, secure and stable home. **Key words:** unique, friend, respect, secure, God, love, care, commitment, stable, important, different, special, signs, healthy, safe, boundaries, kindness, teasing, bullying, positive, negative, wrong, unacceptable, truth, lies, head, eyes, nose, mouth, teeth, tongue, throat, neck, shoulders, arms, breasts, nipple, waist, elbows, penis, vagina, vulva, bottom, anus, legs, knees, ankles, feet, toes.		
	Social and Emotional To recognise the signs that I am loved in my family.	**Physical** To recognise how I am cared for and kept safe in my family.	**Spiritual** To celebrate ways that God loves and cares for us.
Online Safety	**Understanding about how to log on safely and how to log out to keep safe.**		
Science	Animals	Plants	Humans
Local/National Events	Anti-Bullying Week	Safer Internet Day Children's Mental Health Week	Refugee Week
Charity and Community Links	Harvest – donate tins to the local food bank. Reflect on what it means to share with others and help others. Harvest Mass/St Francis Remembrance Alternative Advent – gifts to Fox Street Shelter	Lenten Charity - St Joseph's Penny appeal Our Lady of Lourdes Mass Ash Wednesday Mass Stations of the Cross in church	Easter Mass Pentecost Mass End of Year/Leavers Mass

Year 2

Curriculum	Autumn	Spring	Summer
PSHE **PSHE Association**	**Relationships** Families and Friendships Safe Relationships Respecting ourselves and others	**Living in the Wider World** Belonging to a community Media literacy and digital resilience Money and Work	**Health and Wellbeing** Physical health and mental wellbeing Growing and changing Keeping Safe
RE **Come and See**	Domestic church Family **Beginnings** God at every beginning Baptism/ confirmation Belonging **Signs & symbols** Signs & symbols in Baptism Advent/ Christmas Loving **Preparations** Advent; preparing to celebrate Christmas	Local church Community **Books** The books used in Church Eucharist relating **Thanksgiving** Mass a special time for saying thank you to God for everything, especially Jesus Lent/Easter giving **Opportunities** Lent; an opportunity to start anew in order to celebrate Jesus' new life	Pentecost serving **Spread the word** Pentecost a time to spread the Good News Reconciliation Inter-relating **Rules** Reasons for rules in the Christian family Sacrament of Reconciliation Universal Church world **Treasures** God's treasure; the world
CST	**Rights and Responsibilities** **Options for the poor and vulnerable** **Family and Community**	**The dignity of work** **Stewardship**	**Solidarity and the common good** **Dignity of the human person**
RSE **Journey in Love**	**We meet God's love in the community** **Aim:** To describe how we are growing and developing in diverse communities that are God-given. **Key words:** community, local, global, impact, responsibility, harm, improve, God-given, belonging, family, diverse, father, mother, carer, guardian, feelings, recognise, emotions, friendships, relationships, secrets, stereotypes, respect, equal.		
	Social and Emotional To recognise the joy and friendship of belonging to a diverse community.	**Physical** To describe ways of being safe in communities	**Spiritual** To celebrate ways of meeting God in our communities.
Online Safety	**Searching and Sharing** To have some knowledge and understanding about searching and sharing more globally on the Internet.	**Email using 2 Respond** To open and send simple online communications in the form of email.	**Digital Footprint** To understand that information put online leaves a digital footprint or trail. To begin to think critically about the information they leave online.
Science	plants	Animals	Living things and habitats
Local/National Events	Anti-Bullying Week Newsround – Daily World News focus (discussion/links to British Values.	Safer Internet Day Children's Mental Health Week Newsround – Daily World News focus (discussion/links to British Values.	Refugee Week Newsround – Daily World News focus (discussion/links to British Values.

Charity and Community Links/Mass	Harvest – donate tins to the local food bank. Reflect on what it means to share with others and help others. Harvest Mass/St Francis Remembrance Alternative Advent – gifts to Fox Street Shelter	Lenten Charity - St Joseph's Penny appeal Our Lady of Lourdes Mass Ash Wednesday Mass Stations of the Cross in church	Easter Mass Pentecost Mass End of Year/Leavers Mass

Year 3

Curriculum	Autumn	Spring	Summer
PSHE **PSHE Association**	**Relationships** Families and Friendships Safe Relationships Respecting ourselves and others	**Living in the Wider World** Belonging to a community Media literacy and digital resilience Money and Work	**Health and Wellbeing** Physical health and mental wellbeing Growing and changing Keeping Safe
RE **Come and See**	Domestic church Family **Homes** God's dream for every family Baptism/Confirmation Belonging **Promises** Promises made at Baptism Advent/ Christmas loving **Visitors** Advent: waiting for the coming of Jesus	Local Church Community **Journeys** Christian family's journey with Jesus Eucharist Relating **Listening & sharing** Jesus gives himself to us in a special way Lent/Easter Giving **Giving All** Lent a time to remember Jesus' total giving	Pentecost Serving **Energy** Gifts of the Holy Spirit Reconciliation Inter-relating **Choices** The importance of examination of conscience and the Sacrament of Reconciliation Universal Church World **Special places** Holy places for Jesus & Christians
CST	**Rights and Responsibilities** **Options for the poor and vulnerable** **Family and Community**	**The dignity of work** **Stewardship**	**Solidarity and the common good** **Dignity of the human person**
RSE **Journey in Love**	**How we live in love** **Aim:** To describe and give reasons for how we grow in love in caring and happy friendships where we are secure and safe. **Key words:** community, God-given, belonging, family, diverse, father, mother, carer, guardian, feelings, emotions, friends, loyalty, kindness, trust, selfless, generous, reasons, difficulties, positive, respectful.		
	Social and Emotional To describe and give reasons how friendships make us feel happy and safe.	**Physical** To describe and give reasons why friendships can break down, how they can be repaired and strengthened.	**Spiritual** To celebrate the joy and happiness of living in friendship with God and others.

Online Safety	**Safety in numbers** Password Safety	**Fact or Fiction?** Is everything that we read online true?	**Appropriate content and ratings**To learn about the age restriction symbols on digital media and devices.
Science	Animals	Humans	Plants/Habitats
Local/National Events	Anti-Bullying Week International Day of Democracy (Pupil Leadership Elections) Newsround – Daily World News focus (discussion/links to British Values.	Safer Internet Day Children's Mental Health Week Newsround – Daily World News focus (discussion/links to British Values.	Refugee Week Newsround – Daily World News focus (discussion/links to British Values.
Charity and Community Links	Harvest – donate tins to the local food bank. Reflect on what it means to share with others and help others. Harvest Mass/St Francis Remembrance Alternative Advent – gifts to Fox Street Shelter	Lenten Charity - St Joseph's Penny appeal Our Lady of Lourdes Mass Ash Wednesday Mass Stations of the Cross in church	Easter Mass Pentecost Mass End of Year/Leavers Mass

Year 4

Curriculum	Autumn	Spring	Summer
PSHE **PSHE Association**	**Relationships** Families and Friendships Safe Relationships Respecting ourselves and others	**Living in the Wider World** Belonging to a community Media literacy and digital resilience Money and Work	**Health and Wellbeing** Physical health and mental wellbeing Growing and changing Keeping Safe
RE **Come and See**	Domestic Church Family **People** The family of God in Scripture Baptism/Confirmation Belonging **Called** Confirmation: a call to witness Advent/Christmas Loving **Gift** God's gift of love & friendship in Jesus	Local Church Community **Community** Life in the local Christian community: ministries in the parish Eucharist Relating **Giving & Receiving** Living in communion Lent/Easter Giving **Self discipline** Celebrating growth to new life	Pentecost Serving **New life** To hear & live out the Easter message Reconciliation Inter-relating **Building bridges** Admitting wrong, being reconciled with God and each other Sacrament of Reconciliation Universal Church World **God's people** Different saints show people what God is like

CST	Rights and Responsibilities Options for the poor and vulnerable Family and Community	The dignity of work Stewardship	Solidarity and the common good Dignity of the human person
RSE Journey in Love	**God love us in our differences** **Aim:** To make links and connections to show that we are all different. To celebrate these differences as we appreciate that God's love accepts us as we are now and as we change. **Key words:** God, gifts, talents, difference, development, change, stereotype, acceptance, cultural, biological, respect, courtesy, manners, sensitivity, religious, belief, bullying, polite, uniqueness, innate, beauty, dignity.		
	Social and Emotional To describe how we all should be accepted and respected.	**Physical** To describe how we should treat others making links with the diverse modern society we live in.	**Spiritual** To celebrate the uniqueness and innate beauty of each of us.
Online Safety	**Going Phishing/Beware Malware** Protecting themselves from online identity theft. Identifying the risks and benefits of installing software including apps.	**Plagiarism** Copying the work of others and presenting it as their own is called 'plagiarism' and to consider the consequences of plagiarism. Identifying appropriate behaviour when participating or contributing to collaborative online projects for learning.	**Healthy Screen-Time** Identifying the positive and negative influences of technology on health and the environment. Understanding the importance of balancing game and screen time with other parts of their lives.
Science	Sound	Living things and their habitats	Animals including humans Teeth and Digestion
Local/National Events	Anti-Bullying Week International Day of Democracy (Pupil Leadership Elections) Newsround – Daily World News focus (discussion/links to British Values.	Safer Internet Day Children's Mental health week Newsround – Daily World News focus (discussion/links to British Values.	Refugee Week Newsround – Daily World News focus (discussion/links to British Values.
Charity and Community Links	Harvest – donate tins to the local food bank. Reflect on what it means to share with others and help others. Harvest Mass/St Francis Remembrance Alternative Advent – gifts to Fox Street Shelter	Lenten Charity - St Joseph's Penny appeal Our Lady of Lourdes Mass Ash Wednesday Mass Stations of the Cross in church	Easter Mass Pentecost Mass End of Year/Leavers Mass

Year 5

Curriculum	Autumn	Spring	Summer
PSHE PSHE Association	**Relationships** Families and Friendships Safe Relationships Respecting ourselves and others	**Living in the Wider World** Belonging to a community Media literacy and digital resilience Money and Work	**Health and Wellbeing** Physical health and mental wellbeing Growing and changing Keeping Safe

RE **Come and See**	Domestic church Family **Ourselves** Created in the image & likeness of God Baptism/ confirmation Belonging **Life choices** Marriage commitment and service Advent/ Christmas Loving **Hope** Advent; waiting in joyful hope for Jesus; the promised one	Local church Community **Mission** Continuing Jesus' mission in diocese [ecumenism] Eucharist Relating **Memorial sacrifice** The Eucharist the living memorial of Jesus' sacrifice Lent/Easter Giving **Sacrifice** Lent a time of aligning with the sacrifice already made by Jesus	Pentecost Serving **Transformation** Celebration of the Spirit's transforming power Reconciliation Inter-relating **Freedom & responsibility** Commandments enable Christians to be free & responsible Universal Church World **Stewardship** The Church is called to the stewardship of Creation
CST	**Rights and Responsibilities** **Options for the poor and vulnerable** **Family and Community**	**The dignity of work** **Stewardship**	**Solidarity and the common good** **Dignity of the human person**
RSE **Journey in Love**	**God loves us in our changing and developing** **Aim:** To show a knowledge and understanding of how we grow in awareness of the physical and emotional changes that accompany puberty – sensitivity, mood swings, anger, boredom etc. and grow further in recognising God's presence in our daily lives. **Key words:** God, sensitivity, puberty, presence, celebrate, external, internal, change, develop, ovulation, biological, respect, reproduction, menstrual cycle, hormones, pituitary gland, uterus, fertilised ovum, fallopian tube, vagina, vulva, cervix, womb, period		
	Social and Emotional To show knowledge and understanding of emotional relationship changes as we grow and develop	**Physical** To show knowledge and understanding of the physical changes in puberty.	**Spiritual** To celebrate the joy of growing physically and spiritually.
Online Safety	To gain a greater understanding of the impact that sharing digital content can have. To review sources of support when using technology. To review pupils' responsibility to one another in their online behaviour	To know how to maintain secure passwords. To understand the advantages, disadvantages, permissions, and purposes of altering an image digitally and the reasons for this. To be aware of appropriate and inappropriate text, photographs and videos and the impact of sharing these online.	To learn about how to reference sources in their work To search the Internet with a consideration for the reliability of the results of sources to check validity and understand the impact of incorrect information. Ensuring reliability through using different methods of communication.
Science	Space/Material Properties	Life Cycles: Plants	Animals including humans
Local/National Events	Anti-Bullying Week International Day of Democracy (Pupil Leadership Elections) Newsround – Daily World News focus (discussion/links to British Values.	Safer Internet Day Children's Mental Health Week Newsround – Daily World News focus (discussion/links to British Values.	Refugee Week Newsround – Daily World News focus (discussion/links to British Values.
Charity and Community Links	Harvest – donate tins to the local food bank. Reflect on what it means to share with others and help others. Harvest Mass/St Francis Remembrance Alternative Advent – gifts to Fox Street Shelter	Lenten Charity - St Joseph's Penny appeal Our Lady of Lourdes Mass Ash Wednesday Mass Stations of the Cross in church	Easter Mass Pentecost Mass End of Year/Leavers Mass

Year 6

Curriculum	Autumn	Spring	Summer
PSHE **PSHE Association**	**Relationships** Families and Friendships Safe Relationships Respecting ourselves and others	**Living in the Wider World** Belonging to a community Media literacy and digital resilience Money and Work	**Health and Wellbeing** Physical health and mental wellbeing Growing and changing Keeping Safe
RE **Come and See**	Domestic church Family **Loving** God who never stops loving Baptism/ confirmation Belonging **Vocation & Commitment** The vocation of priesthood and religious life Advent/ Christmas Loving **Expectations** Jesus born to show God to the world	Local church Community **Sources** The Bible, the special book for the Church Eucharist Relating **Unity** Eucharist enables people to live in communion. Lent/Easter Giving **Death & new life** Celebrating Jesus' death & resurrection	Pentecost Serving **Witnesses** The Holy Spirit enables people to become witnesses Reconciliation Inter-relating **Healing** Sacrament of the Sick Universal Church World **Common good** Work of the worldwide Christian family
CST	**Rights and Responsibilities** **Options for the poor and vulnerable** **Family and Community**	**The dignity of work** **Stewardship**	**Solidarity and the common good** **Dignity of the human person**
RSE **Journey in Love**	**The wonder of God's love in creating new life** **Aim:** To develop a secure understanding of what stable, caring relationships are and the different kinds there may be. Focusing on Catholic teaching, children will also know and understand about the conception of a child within marriage. **Key words:** God, Christian, appropriate, dignity, sexuality, intercourse, fallopian, conceive, relationship, uterus, cervix, fiancé, fiancée		
	Social and Emotional To develop a secure understanding that stable and caring relationships, which may be of different types, are at the heart of happy families.	**Physical** To explain how human life is conceived.	**Spiritual** To show an understanding of how being made in the image and likeness of God informs decisions and actions when building relationships with others, including life-long relationships.
Online Safety	Identify benefits and risks of mobile devices broadcasting the location of the user/device, e.g. apps accessing location. Identify secure sites by looking for privacy seals of approval, e.g. https, padlock icon. Identify the benefits and risks of giving personal information and device access to different software.	To review the meaning of a digital footprint and understand how and why people use their information and online presence to create a virtual image of themselves as a user. To have a clear idea of appropriate online behaviour and how this can protect themselves and others from possible online dangers, bullying and inappropriate behaviour. To begin to understand how information online can persist and give away details of those who share or modify it.	To understand the importance of balancing game and screen time with other parts of their lives, e.g. explore the reasons why they may be tempted to spend more time playing games or find it difficult to stop playing and the effect this has on their health. To identify the positive and negative influences of technology on health and the environment.
Science	Animals including humans	Evolution and inheritance	Living things and their habitats.

Local/National Events	Anti-Bullying Week International Day of Democracy (Pupil Leadership Elections) Newsround – Daily World News focus (discussion/links to British Values.	Safer Internet Day Children's Mental Health Week Newsround – Daily World News focus (discussion/links to British Values.	Refugee Week Transition to high School UCLan Science Festival Newsround – Daily World News focus (discussion/links to British Values.
Charity and Community Links	Harvest – donate tins to the local food bank. Reflect on what it means to share with others and help others. Harvest Mass/St Francis Remembrance Alternative Advent – gifts to Fox Street Shelter	Lenten Charity - St Joseph's Penny appeal Our Lady of Lourdes Mass Ash Wednesday Mass Stations of the Cross in church	Easter Mass Pentecost Mass End of Year/Leavers Mass