

Our Intent at Our Lady & St. Gerard's

Our intention is that when children leave Our Lady & St Gerard's, they will do so with knowledge, understanding, skills and emotions to be able to play an active, positive and successful role in today's diverse society. We want our children to have high aspirations, a belief in themselves and realise that anything is possible. By teaching PSHE and RSHE we are ensuring that each and every child is provided with the opportunity to support their own, and others' well-being and attainment through a faith sensitive, inclusive and inspiring approach.

Our PSHE/RSHE curriculum develops learning and results in the acquisition of knowledge and skills which will enable children to access the wider curriculum and prepare them to be a global citizen now and in the future. It promotes the spiritual, moral, cultural, mental and physical development of pupils, preparing them for the opportunities, responsibilities and experiences for later life. Our relationships and sex education enables our children to learn how to be safe and to understand and develop healthy relationships, both now and in their future lives.

We follow the National Curriculum Guidance for Relationships, Sex and Health Education (RSHE) and adhere to its aims, which are to support all our children and young people to become: Happy, Healthy and Safe. The Teaching of PSHE and RSHE begins in the Early Years Foundation Stage Early Learning Goals, then continues into Key Stage 1 and 2. A whole school overview of skills and knowledge is in place from Years 1-6 which maps progression throughout the years. PSHE is delivered by following the objectives from The PSHE Association's Termly themes via the Coram Scarf scheme of learning.

In addition, we have adopted the Journey in Love programme to support our Religious Education and Relationships and Sex education curriculum. The programme is developmental and enables the holistic growth of children's understanding of human relationships.

How we implement our PSHE/RSE curriculum

This ensures full coverage of the PSHE and RSE Curriculum programme of study. Our curriculum intent drives the rationale for our approach, resource choices and selection of content.

In the Early Years and Foundation stage, PSHE and citizenship is taught as an integral part of all learning and is embedded throughout the curriculum. The objectives taught are the Personal, Social and Emotional Development statements from 'Development Matters' and the PSED Early Learning Goals.

Key Stage 1 and Key Stage 2 - At Key Stage 1 and 2, PSHE is taught through a clear and comprehensive scheme of work in line with the National Curriculum. We ensure we cover the Health and Well-Being, Relationships and Living in the Wider World Learning Opportunities set out in the PSHE Association's Programme of Study, which comprehensively cover the statutory Health Education and Relationships Education guidance. Our programme of study is supplemented using the Coram Scarf resources which follow the PSHE Association thematic approach.

Pupils are taught discreet PSHE lessons once per week, however PSHE objectives are an integral part of all curriculum subjects and embedded in everyday life at Our Lady & St Gerard's, aiming to prepare children for life, helping them to know and value who they are and understand how they relate to other people in this ever-changing world. PSHE is an important part of school and class assemblies and collective worship, where spiritual and moral beliefs are nurtured.

At Our Lady & St Gerard's, in addition to Relationships Education, we also teach aspects of Sex Education that is covered through the Journey in Love Scheme approved by the Archdiocese. Alongside this we teach about different kinds of relationships so that our children should have an understanding of the full diversity of the world they live in and be prepared for life in modern Britain.

PSHE is taught through the PSHE Association's termly themes with each year group focusing on the same theme:

Autumn – Relationships (families and friendships, safe relationships, respecting ourselves and others.)

Spring – Living in the Wider World (belonging to a community, media literacy and digital resilience, money and work.)

Summer - Health and Well-being (physical health and mental well-being, growing and changing, keeping safe)

In KS1 and KS2, children record some work in PSHE floor books which are split into the three main themes. These floor books show progression of knowledge and skills gained as the children move through school.

The Impact of this:

At Our Lady & St Gerard's, we continuously assess the implementation and impact of our PSHE lessons so that all pupils become healthy, respectful, socially and morally responsible members of society. Through our PSHE education, we believe we can enhance pupils' education and help them to become caring, kind and confident individuals. Teachers will use a range of methods to evaluate the impact of their teaching on pupils learning, to ensure that pupils make progress. The range of measures used include:

- Continuous assessment from teachers during lessons, to adapt and plan for necessary changes within the scheme based on individual need.
- Pupil voice
- Circle times, class assemblies and whole school worship allow opportunities to address needs as they arise.
- Work evidenced in floor books
- Learning walks

At Our Lady & St Gerard's, we actively promote the nine Protected Characteristics, set out in the Equality Act 2010. These are:

- Age
- Gender Reassignment
- Disability
- Sex
- Marriage and Civil Partnership
- Race
- Religion and Belief
- Sexual Orientation
- Pregnancy and Maternity

At Our Lady & St Gerard's we are able to demonstrate that no form of discrimination is tolerated and that pupils show respect for those who share the protected characteristics.

It is important that all children gain an understanding of the world they are growing up in, and learn how to live alongside, and show respect for, a diverse range of people. At Our Lady & St Gerard's we do this by:

- Our school mission statement: United in love and the light of Jesus, we inspire one another to learn, grow and shine.
- Our PSHE curriculum - children are given opportunities to develop age-appropriate knowledge and understanding through a well-planned and delivered curriculum.
- Our school behaviour policy
- Conscious role modelling by all adults in the school community
- Assemblies and collective worship
- The promotion of British values in school life
- Developing a love of reading through a range of authors and genres
- Discussion within curriculum subjects, taking a cross-curricular approach
- Promoting articulation by building appropriate language and a coherent vocabulary
- Religious Education lessons – including other faiths
- Extra-curricular activities and trips
- Links with the local community